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'VETTRI PAYANAM THITTAM':

TN expands free bus travel for women under rebranded scheme

CHENNAI: Chief Minister C Joseph Vijay on Friday (October 2) launched the state government's 'Vettri Payanam' scheme, extending free bus travel for women and transgender persons to additional categories of services operated by the seven state transport undertakings. In a symbolic gesture marking the launch, Vijay issued free tickets to women passengers on 76B, plying between Koyambedu and Kancheepuram, operated by TNSTC (Villupuram), at the CMBT bus terminus. The extended free ride covers Express, LSS and Deluxe government buses operating in urban and city areas, besides Mofussil Ordinary buses and Ghat Ordinary buses on hill



routes exceeding 40 km. The new extension builds on the existing 'Vidiyal Payanam' zero-fare travel scheme for women.

Under the scheme, women can travel free of cost in Ordinary Town buses operated by the seven state transport undertakings and Ordinary Ghat buses operating on routes of up to 40 km. CM Vijay issues a bus ticket to a passenger under the Vettri Payanam scheme in Chennai. TN's Vettri Payanam scheme: How far can women travel for free on express, LSS and deluxe buses? he scheme covers 7,537 Ordinary Town buses and 173 Ordinary Ghat buses. During 2026-27, an average of 71.70 lakh women travelled daily under the existing free travel scheme. Transport Minister Vijay Tamilan Parthiban said the scheme was aimed at ensuring that bus fares did not become a barrier to women's education, employment, livelihood and economic progress.

Addressing the gathering, Parthiban said 12,695 buses out of the 18,413 buses operated by the seven state transport undertakings had been brought under the 'Vetri Payanam' scheme. Around 85 lakh women are expected to benefit from the scheme every day, he said. He said the scheme would enable a student to travel towards education, a working woman towards employment and economic advancement, and a mother to meet the needs of her family.

NTK workers protest over banner removal

Acting on a complaint, police removed an NTK banner erected in front of a marriage hall along Alangiyam Road



COIMBATORE: A dispute over the removal of a party banner escalated into a protest outside the Dharapuram police station, with Naam Tamilar Katchi (NTK) cadres staging a road blockade after police detained a party functionary following an altercation on Friday. Acting on a complaint, police removed an NTK banner erected in front of a marriage hall along Alangiyam Road. An NTK functionary objected to its removal and entered into an argument with the police over the action. Police subsequently took him to the station.

TIDCO sets process in motion for Rs 400 cr Coimbatore FinTech Hub

On learning about his detention, NTK cadres led by party candidate M. Karthika rushed to the police station and demanded his immediate release. They also protested against the removal of the banner by raising slogans outside the station.

Thanjavur: Clash over erection of banner for temple event turns violent, 50-yr-old killed

The protesters later blocked the road, causing tension in the area. Talks between the police and the protesters failed to immediately resolve the issue.

Not enough cops, Kancheepuram traffic grinds to a halt for over five hours

CHENNAI: Severe traffic congestion brought several parts of Kancheepuram to a standstill for more than five hours on Friday, October 2, as a shortage of traffic police personnel left key roads struggling to cope with the holiday rush. The congestion was reported from 7 am to 1 pm on Gandhi Jayanti, with vehicles queuing up on major roads and pedestrians finding it difficult to move through crowded streets. The long weekend and the influx of visitors from neighbouring districts added to the traffic volume.

Kancheepuram, known as the city of temples and the silk city, attracts large numbers of devotees, tourists, and shoppers throughout the year. The arrival of employees working in multinational companies, wedding functions, auspicious occasions, and temple festivals also contributes to the growing traffic in the district headquarters. The four Raja Veedhis, Kamarajar Street, Nellukara Street, Gandhi Road, Mettu Street,



and Salai Street are among the key stretches that witness heavy vehicular movement.

Residents and social activists attributed the worsening congestion to the absence of a traffic police inspector for several months and inadequate personnel deployment. According to them, the town requires at least 24 traffic police personnel to regulate vehicle movement, but only 7 are currently available.

The situation was further aggravated near the bus stand entrance on Kamarajar Road, where auto-rickshaws are allegedly parked indiscriminately and passengers picked up without proper regulation.

Stalin slams CM Vijay over price rise, asks if he is aware of people's plight

Stalin claimed there was a sharp contrast between Tamil Nadu's past economic performance and its current trajectory



CHENNAI: DMK president M K Stalin on Friday attacked Tamil Nadu Chief Minister C Joseph Vijay over rising prices, asking whether he was aware of the hardships people face while being "preoccupied with MLA shopping".

During his campaign in Dharapuram in Tiruppur district ahead of the October 6 bypoll, the former CM interacted with traders and residents at a grocery shop to assess the impact ofTargeting the state government, Stalin said the prices of essential commodities had risen sharply over the past four months, leaving ordinary households struggling to meet their daily expenses.

He criticised the ruling party's public outreach efforts, questioning whether watching promotional "reels" could feed hungry people, and cited a decline in the state's GST revenue and the departure of experts from Guidance TN as signs of an economic downturn. MK Stalin

Focus on governance, not reels: DMK chief MK Stalin; where is detention order: TVK

"Is the chief minister, who is currently busy with 'MLA shopping', even aware of the plight of common people who are struggling to buy basic groceries?" Stalin said in a social media post. "Will watching short video clips fill the stomachs of suffering families?" the DMK chief asked in the post on X.

Stalin claimed there was a sharp contrast between Tamil Nadu's past economic performance and its current trajectory, saying the state had maintained steady growth even during periods of national economic slowdown under the "Dravidian model" of governance, while several key indicators had now begun to deteriorate.

He specifically claimed that while GST revenue had increased nationally, Tamil Nadu had witnessed a decline in revenue over the past three months. Expressing concern over the state's industrial climate, Stalin cited reports of experienced professionals leaving Guidance TN, the state's nodal investment promotion agency, for opportunities in other states.



Tamil Nadu's pride: Chennai gives warm welcome to Asian Games medallists

CHENNAI: Tamil Nadu athletes who won medals in athletics and other events at the Asian Games in Japan received a warm welcome at the Chennai airport, with Minister Maria Wilson leading the reception on behalf of the State government on Thursday night. More than 100 athletes from the Sports Development Authority of Tamil Nadu (SDAT) also gathered at the airport with banners and raised slogans to welcome the medallists.The star of the lot was Vidya Ramraj, who won three medals - gold in 4x400m relay, silver in mixed 4x400m relay, and bronze in 400m hurdles.

10 ways thyroid disorders can affect your body

New Delhi, Oct 2: According to the Thyroid Society of India, an estimated 42 million people are currently living with thyroid disorders. The thyroid is a small, butterfly-shaped gland in the neck that plays an important role in regulating several functions of the body. It produces hormones that help control metabolism, energy levels, body temperature, heart rate and other processes. When the thyroid does not produce enough hormones, it can lead to hypothyroidism, which may result in weight gain and several other changes in the body.

Thyroid disorders can affect the body in multiple ways, and recognising the symptoms can help with timely diagnosis and treatment. An underactive thyroid can slow metabolism and affect weight, energy, mood, digestion, skin, hair and menstrual health. An overactive thyroid can have the opposite effect, speeding up metabolism and causing weight loss, increased appetite, irritability, sleep problems and changes in menstrual health.

Here are 10 ways thyroid disorders can affect the body:

****1. Weight gain****

An underactive thyroid can slow metabolism, meaning the body burns fewer calories. Fluid retention may also contribute to weight gain. People with hypothyroidism may therefore gain weight. If you are experiencing significant or unexplained weight gain, consult a doctor rather than relying only on diet and exercise to lose weight.

****2. Constant tiredness****

Some people may feel exhausted even after getting adequate sleep. This can be a symptom of an underactive thyroid. Low thyroid hormone levels can slow bodily functions, leaving a person feeling sluggish and lacking energy.



Persistent tiredness should also be evaluated for other possible causes, including anaemia, poor sleep and nutritional deficiencies. If the fatigue is linked to thyroid health, a doctor can recommend appropriate treatment.

****3. Feeling unusually cold****

People with hypothyroidism may feel colder than others because a slower metabolism produces less heat. Thyroid medication should be taken only as advised by a doctor, and self-medication should be avoided.

****4. Hair thinning and dry skin****

Low thyroid hormone levels can affect the normal growth and renewal of skin and hair, potentially causing dry, rough skin and increased hair loss. Thyroid problems should be managed with medical guidance. Adequate protein and other essential nutrients are also important for overall health.

****5. Constipation****

Constipation can sometimes be linked to thyroid problems. A slower metabolism can slow the movement of food through the digestive system. People diagnosed with thyroid disorders should maintain adequate hydration, consume fibre-rich foods and stay physically active. Persistent constipation should be discussed with a doctor.

****6. Changes in mood****

Irritability and difficulty concentrating are among the symptoms that may occur with thyroid imbalance. These symptoms are often attributed to stress or overwork. Persistent changes in mood or concentration should be discussed with a healthcare professional.

****7. Muscle aches and weakness****

Some people with an underactive thyroid may experience muscle aches, stiffness, cramps or weakness. Low thyroid hormone levels can affect how muscles store and use energy, making everyday activities feel more tiring. Staying active and exercising regularly can help maintain muscle function. Brisk walking and simple exercises can be a starting point, depending on an individual's health condition.

8. Puffiness and swelling

Low thyroid hormone levels may cause fluid to accumulate in the tissues. This can result in puffiness and swelling, particularly around the face and eyes and in other parts of the body. Early diagnosis and appropriate treatment can help manage these symptoms.

****9. Changes in periods and fertility****

An underactive thyroid can disrupt reproductive hormones, affect fertility and make it more difficult for some women to become pregnant. Women may experience irregular, heavy or more frequent periods. If left untreated, thyroid problems may contribute to ovulation-related difficulties and pregnancy complications.

****10. Slow heartbeat and raised cholesterol****

Thyroid imbalance can also affect heart health. Some people with hypothyroidism may develop a slower heart rate, while untreated hypothyroidism can contribute to increased cholesterol levels. Regular medical monitoring is important to keep thyroid hormone and cholesterol levels under control. Depending on individual health needs, doctors may recommend repeat tests and appropriate treatment for high cholesterol. Thyroid imbalance can often be managed with timely diagnosis, appropriate treatment and regular follow-ups.

Disclaimer: This content is for informational purposes only and is not a substitute for professional medical advice. It should not be relied upon as the sole source of advice regarding your health or a medical condition. Always seek guidance from a doctor or qualified healthcare professional for questions concerning your health. Do not disregard medical advice or delay seeking it because of information read here. If you believe you have a medical emergency, contact your doctor, visit the nearest hospital or call emergency services or an appropriate emergency helpline immediately. Any reliance on the information provided here is solely at your own risk.

ALTUM CREDO HOME FINANCE PRIVATE LIMITED
REDG. OFFICE : Floor No 7, Kalpataru Infinia, Plot No 22, Sub Plot No 3, CTS No. 15/1, Village Bhamurda, Wakdewadi, Shivaji Nagar, Pune City, Maharashtra 411005

AUCTION NOTICE FOR SALE OF IMMOVABLE PROPERTIES

Auction Notice for Sale of Immovable Assets under the Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002, read with proviso to rule 8(6) & 9(1) of the Security Interest (Enforcement) Rules, 2002. Notice is hereby given to the public in general and in particular to the Borrower(s),Co-Borrower(s) and Guarantor(s) indicated that the below-described immovable property(ies) mortgaged/charged to Altum Credo Home Finance Pvt. Ltd., hereinafter known as ACHFL, the possession of which has been taken by the Authorized Officer of ACHFL, being the Secured Creditor, will be sold on **"As Is Where Is," "As Is What Is," and "Whatever There Is" basis on 10/11/2026 (Tuesday)** between **11:30 AM to 4:30 PM** for recovery of the below-mentioned amount with future interest, cost and charges thereon due to ACHFL from the Borrower(s),Co- Borrower(s) and Guarantor(s) as below mentioned.

Sr No.	Name of borrower(s) /co-borrower(s) & guarantor(s) loan A/c No.	13(2) Notice Amount & Date	Outstanding dues to be recovered (secured debt)	Reserve Price / Earnest Money Deposit	Date(s) & time of opening tender(s)	Possession type
1.	Antony Antony (Borrower) Jeevamani Anbu Malar (Co-Borrower) A/c No. 159202000019	Rs. 11,34,195/- 7-April-2026	Rs. 12,94,080.00/- NPA Date : 31-March-2026	Rs. 17,25,335/- / Rs. 1,72,534/-	10 Nov. 2026 (Saturday) From (11:00 am to 4:00 pm)	Symbolic Possession
	Description of Secured Asset : Palayamkottai Registration District, Burkitmanagaram Sub-Registrar office, Palayamkottai Taluk, Maruthur Village, North street, as per Patta No.387, Natham S.No.227/Part, under Re.S.No.282/38, Hectare 0.00.41 equal to cents 1.01 house plot with east faced tile-roofed mud house bearing door No. 234. East : South north end West : South north end South : Arockiasamy land House North : East west street					
2.	Bharanikarthikeyan Tamilagan (Borrower) Shanthi Tamizhahagan (Co-Borrower) A/c No. 125204000016	Rs. 7,26,479/- 8-May-2026	Rs. 820074.00/- NPA Date : 01-May-2026	Rs. 9,68,953.00/- / Rs. 96,895/-	10 Nov. 2026 (Saturday) From (11:00 am to 4:00 pm)	Symbolic Possession
	Description of Secured Asset : Karur District, Karur R.D., Krishnarayapuram S.R.D., Krishnarayapuram Taluk, Krishnarayapuram Village, Angalamman Kovil Street, Natham Survey No.117, Punjai Hec 0.50.5, in this Hec 0.01.34, Punjai Acre 0.03-1/3 cents in this Methai House D.No.7A, Assessment No.2808, E.B.S.C.No.1376, New Natham Survey No.117/7 East : Maruthanayagam House West : 5 feet breadth South - North lane South : Kovil House North : East - West Angalamman Kovil Street					
3.	Manikkam S (Borrower) ARUNA M (Co-Borrower) A/c No. 1362020100025	Rs. 6,79,903/- 21-May-2026	Rs. 759316.00/- NPA Date : 11-May-2026	Rs. 32,67,648/- / Rs. 3,26,764.8/-	10 Nov. 2026 (Saturday) From (11:00 am to 4:00 pm)	Physical Possession
	Description of Secured Asset : Virudhunagar District, Virudhunagar District Registration Office, Kunnur Sub Registration Office, Mangalam Village, S.No.669/2 land measuring 23.1/2cents (0.09.5hect), S.No.669/3B land measuring 27cents (0.11.0hect), thus totally measuring 50.1/2cents, in this western side land measuring 21.1/2cent (0.08.7hect) East : Malliga, land and common pathway West : Well and Land in S.No.670 South : Chinnamuniyasamy and Periyamuniyasamy vagaiyara land North : Land in S.Nos.669/1A and 1B					

TERMS AND CONDITIONS: The detailed terms and conditions of the above auction are available on website https://altumcredo.co.in/pdf-viewer.php?file=TERMS%20AND%20CONDITIONS%20FOR%20AUCTION.pdf and should be treated as the part of this auction publication

Date: 03-10-2026
Place: Tamilnadu

Sd/- Authorized Officer
Altum Credo Home Finance Pvt. Ltd.

MANAPPURAM HOME FINANCE LTD
Regd. Off: 8/596, Padmaprabha Building, Near Sreerama Swami Temple, Cherppu- Thriprayar Road, Thriprayar, Thrissur, Kerala 680567

POSSESSION NOTICE (For Immovable Property)

Whereas, the undersigned being the authorised officer of **Manappuram Home Finance Ltd ("MAHOFIN")** under the Securitisation and Reconstruction of Financial Assets and Enforcement of Security Interest *[Act],2002 (54 of 2002) and in exercise of powers conferred under section 13(12) read with rule 9 of the security interest (Enforcement) Rules, 2002 issued a **Demand Notice** calling upon the borrowers and co-borrowers to repay the amount mentioned in the notice and Interest thereon within 60 days from the date of receipt of the said notice. The borrower having failed to repay the amount, notice is hereby given to the borrower and the public in general that the undersigned has taken **Symbolic** possession of the property described herein below in exercise of powers conferred on him/her under section 13(4) of the said *[Act] read with rule 9 of the said rules. The borrower in particular and the public in general is hereby cautioned not to deal with the property and any dealings with the property will be subject to the charge of the Manappuram Home Finance Ltd as mentioned below for each of the respective properties:

Sr. No.	Name of Borrower and Co-borrower/ Loan account number/ Branch	Description of Secured Asset in respect of which Interest has been created	Date of Demand Notice sent & Outstanding Amount	Date of possession
1	GOMATHI SIVENDRA S, Vignesh R/MHL00030020142/ TRICHY TN	Thanjavur Registration District, Budalur Sub Registration District, Budalur Taluk, within Chithirakudi Panchayath Limits, Chithirakudi Village the property comprised in Patta No.387 Natham Old Survey No.331B/29 New Survey No.331B/109 an extent of Hect 0.01.33 Ares equivalent to 1434 Sq Ft, equivalent to 133.26 Sq Mt., is situated within the TAMIL NADU,Pin:613602. EAST-Lane , WEST-Plot belongs to S.Palanisamy, SOUTH-Plot belongs to R.Arumugam Vagaiyarah , NORTH-Road	02-07-2026 & Rs.510907/-	28-09-2026
2	PITCHAMMAL ARUMUGAM,ARUMUGAM S/MLAP0084054146/ TUTICORN	All that piece and parcel of the land measuring 6.99 cents (out of 10 cents), together with a residential building constructed thereon, situate within Ambasamudram Panchayat Union, Vellanguli Panchayat limit, comprised in Survey No.377/2 of Vellanguli Village, Ambasamudram Taluk, Tirunelveli District, TAMIL NADU,Pin:627426. EAST-Punja land belongs to Karuthappandi; , WEST-Nanja land belongs to K.Velthevar & S.Senbagavalli;, SOUTH- Property belongs to S.Senbagavalli & Pathway; , NORTH-Road;	06-07-2026 & Rs.465550/-	28-09-2026
3	KUMARADHAS T, JAYA K, RATHEES K/NLAP0017030909/ NAGERCOIL	In Kanyakumari District, Kanyakumari Registration District, Palliyadi SRO, Vilavancode Taluk, Kollanchi Village (Formerly Nattalam), Kollanchi Village Panchayat, property admeasuring an extent of 3-cents equivalent to 1306.8-sq feet of land comprised in Re Sy No:314/12 of Kollanchi Village with building bearing door No:1/189A of Kollanchi Village Panchayat and other appurtenances thereon. Old Sy No:3671 in TAMIL NADU,Pin:629162. EAST-Road , WEST-Property belonging to Damodharan Nadar , SOUTH-Property belonging to Damodharan Nadar , NORTH-Property belonging to Kutti Nadar	06-07-2026 & Rs.1015770/-	28-09-2026
4	GIJU T,THANKARAJ Y, SULOJANA L/NHL00170021363/ NAGERCOIL	In Kanyakumari District, Marthandam Registration District, Palugal SRO, Vilavancode Taluk, Palugal Village, Palugal Town Panchayat, property admeasuring an extent of 2.400- cents equivalent to 97.15-sq meter of land comprised in Re Sy No:98/6 of Palugal Village with building bearing door No:13/11 of Palugal Town Panchayat and other appurtenances thereon. Old Sy No:706, TAMIL NADU,Pin:629170. EAST-Pathway , WEST-Property belonging to Premakumari, Bibila Bai D/o Valsalam , SOUTH-Property belonging to Anilkumar S/o Valsalam , NORTH-Property belonging to Thangaraj	06-07-2026 & Rs.991622/-	28-09-2026

Date: 03/10/2026, Place: TAMIL NADU

Sd/- Authorized Officer - Manappuram Home Finance Ltd